

# THE OFFICE OF SOCIAL & EMOTIONAL LEARNING

## School and Staff Resources

In support of school reopening and the shifting needs of our students, the Office of Social and Emotional Learning has updated and produced the following resources, which include guidance and tools for remote and hybrid social emotional learning with students, staff, and caregivers.

### **Supportive Schools Assessment & Planning Tool**

This comprehensive planning tool for schools to engage in the Supportive Schools Process includes an updated self-assessment tool and action-planning templates for your selected priorities that auto-populate with recommended milestones and resource links.

### **Classroom Community Handbook**

This updated handbook has been adapted with considerations for some of the challenges teachers are currently facing since the pandemic, including the need for no-contact activities and virtual and hybrid learning to help support teachers with establishing community and connecting students throughout the school year. Within the handbook you will find resources which support grade appropriate activities that promote equity, classroom community, agency, identity, and belonging.

### **School-Wide SEL Implementation - Hybrid Learning Resources**

This guidance has been updated to include more resources for hybrid learning with a focus on teaming practices, SEL curricula and programs, skills and strategies, and cultivating SEL for adults. In addition, this document provides expanded recommendations for "Rebuilding Trust, Relationships, and Community" to provide more detailed resources on building community with administrators, staff, students, and families.

### **Responding to Student Mental Health Concerns During Hybrid Learning**

This guidance is a compilation of district resources and procedures directed at equipping school staff with the tools to effectively and appropriately respond to the varying mental health concerns of our students. This guide provides short step-by-step directions, links to more comprehensive guidance, and contacts to offices that can provide additional support.

### **Transforming Education SEL Integration Approach**

This approach outlines how educators and administrators can integrate social-emotional learning (SEL) through five interdependent components that are flexible, culturally responsive, anti-racist, and aligned with ongoing academic experiences in classrooms and throughout the school.

### **Leading with Emotional Intelligence**

This journal provides daily and weekly reflection practices that turn your to-do list into opportunities for growing your social and emotional intelligence in the workplace.

### **Better Together: Six Essential Conversations for Cultivating Adult SEL and Relational Trust in Your School**

This is a step-by-step process for building trust, improving collaboration, and growing the social and emotional skills of staff through reading, self-reflection, and small group discussion.

### **Restorative Practices Parent Toolkit**

This resource packet provides resources for positive communication skills and tools for parents to conduct relationship-building circles at home and with other caregivers.



Find additional resources on the Office of Social & Emotional Learning's Knowledge Center page: [cps.edu/sel](https://cps.edu/sel)